

FLEYDO ENGLISH SCHOOL

KIDS (6-10) | PRE-A1 | VOCABULARY | 30 MIN | FREE

Yummy Food!

Learn the names of food and drinks, say what you like and talk about meals!

WHAT YOU WILL LEARN

- ✓ Name **18 common foods** and **5 drinks** in English
- ✓ Express preferences: **"I like apples"** / **"I don't like broccoli"**
- ✓ Name the **four meals**: breakfast, lunch, dinner, snack
- ✓ Talk about meals: **"I have eggs for breakfast."**
- ✓ Understand **countable vs uncountable** food nouns

Part 1: Food We Eat Every Day

These are common foods. Say each word out loud!

APPLE	BANANA	ORANGE	STRAWBERRY	CARROT	BROCCOLI
fruit	fruit	fruit	fruit	vegetable	vegetable
TOMATO	BREAD	RICE	CHEESE	EGG	CHICKEN
vegetable	grain	grain	dairy	protein	meat
FISH	PIZZA	CAKE	CHOCOLATE	ICE CREAM	BISCUIT
protein	fast food	dessert	sweet	dessert	snack

Part 2: Drinks

WATER	MILK	JUICE	TEA	HOT CHOCOLATE
healthy	dairy	fruit drink	hot drink	hot drink

Part 3: I Like / I Don't Like

Positive (things you like):

Positive	Example
I like ___.	I like <i>apples</i> .
I love ___.	I love <i>chocolate</i> !
___ is/are yummy!	<i>Pizza</i> is yummy!
___ is/are delicious!	<i>Strawberries</i> are delicious!
My favourite food is ___.	My favourite food is <i>ice cream</i> .

Negative (things you don't like):

Negative	Example
I don't like ___.	I don't like <i>broccoli</i> .
I hate ___.	I hate <i>fish</i> !
___ is/are yucky!	<i>Tomatoes</i> are yucky!

GRAMMAR: Countable nouns get **-s**: I like apples. Uncountable nouns (bread, rice, cheese, water, milk) do NOT get -s: I like **bread** (NOT "breads"). Use **"a"** before consonants (a banana) and **"an"** before vowels (an apple, an egg).

Part 4: Meals of the Day

Meal	Time	Common Foods
Breakfast	In the morning	bread, eggs, milk, cereal, juice
Lunch	Around 12:00	sandwich, soup, rice, chicken, water
Dinner	In the evening	pasta, fish, vegetables, pizza
Snack	Between meals	fruit, biscuits, chocolate, juice

USEFUL PATTERNS:

- I have ___ for breakfast. → I have eggs and bread for breakfast.
- I eat ___ for lunch. → I eat a sandwich for lunch.
- I drink ___ for breakfast. → I drink milk for breakfast.
- What do you have for ___? → What do you have for dinner?

Part 5: Practice Activities

Activity 1: Food Quiz

- | | | |
|----|--------------------------------------|--|
| 1. | Which is a FRUIT? | a) Bread b) Cheese c) Strawberry d) Egg |
| 2. | "I ___ like broccoli." Which word? | a) am b) don't c) is d) are |
| 3. | Which meal do we eat in the morning? | a) Breakfast b) Lunch c) Dinner d) Snack |
| 4. | "I like ___." Which is correct? | a) I like apple b) I like apples c) I like an apples d) I like the apple's |
| 5. | Which is UNCOUNTABLE (no -s)? | a) Banana b) Egg c) Rice d) Biscuit |
| 6. | "___ orange" — a or an? | a) a orange b) an orange c) the oranges d) oranges a |

Activity 2: Fill in the Blanks

Word box: breakfast, water, favourite, apples, lunch, don't, milk, dinner

- | | |
|----|---|
| 1. | I eat eggs and bread for _____ . |
| 2. | I drink _____ every day. It is healthy! |
| 3. | My _____ food is pizza. I love it! |
| 4. | I like _____. They are red and delicious! |
| 5. | We eat _____ in the evening with my family. |
| 6. | I _____ like fish. It is yucky! |
| 7. | I eat a sandwich for _____ at school. |
| 8. | I drink _____ with cereal for breakfast. |

Part 6: Speaking Practice

Discuss these questions with a partner or teacher:

1. What is your favourite food? Why do you like it?
2. What food do you NOT like? Why?
3. What do you eat for breakfast, lunch, and dinner?
4. What is your favourite drink?
5. Do you like fruit or vegetables more?

USEFUL PHRASES:

- **My favourite food is** pizza because it is delicious!
- **I like** bananas. They are sweet and yummy!
- **I don't like** broccoli because it is yucky.
- **For breakfast, I have** bread and milk.

Creative Task: My Food Diary

Draw or write what you eat today:

Breakfast:	I have _____ .
Lunch:	I eat _____ .
Snack:	I eat _____ .
Dinner:	I have _____ .
My favourite food today:	_____ !

Part 7: Let's Review!

- I can name **18 foods** and **5 drinks** in English
- I can say "**I like...**" and "**I don't like...**"
- I know the **four meals**: breakfast, lunch, dinner, snack
- I can talk about meals: "**I have __ for breakfast.**"
- I know **countable vs uncountable** food nouns
- I know when to use "**a**" and "**an**"

CONGRATULATIONS!

You now know lots of food words in English! Talk about your favourite food with your family and friends!

Answer Key (For Teachers)

Activity 1 – Quiz:

1. c) Strawberry
2. b) don't
3. a) Breakfast
4. b) I like apples
5. c) Rice
6. b) an orange

Activity 2 – Fill in the Blanks:

1. breakfast
2. water
3. favourite
4. apples
5. dinner
6. don't
7. lunch
8. milk