

My Favourite Food

A2 Level • Kids (6-10) • Vocabulary & Everyday • 30 Minutes

What You Will Learn

- ✓ Name different foods, drinks and meals in English
- ✓ Say what you like, love and don't like
- ✓ Compare two foods (bigger, tastier, healthier than...)
- ✓ Read about children's favourite foods around the world
- ✓ Write a paragraph about your favourite food

Part 1: Food & Drink Words

Word	Description
pizza	a round, flat bread with cheese
burger	meat or veggies in a bun
pasta	noodles with sauce
rice	small white grains
salad	fresh vegetables mixed together
chicken	popular white meat
fish	food from the sea or river
fruit	apples, bananas, oranges...
vegetables	carrots, broccoli, peas...
cake	a sweet treat for parties
ice cream	cold and sweet
sandwich	bread with filling inside
eggs	fried, boiled or scrambled
milk	a white drink from cows
juice	a drink made from fruit

Useful Phrases:

Phrase	Example
I love...	I love pizza! It's my favourite.
I like...	I like pasta with tomato sauce.

I don't like...	I don't like fish very much.
I hate...	I hate broccoli!
My favourite food is...	My favourite food is chicken and rice.
...is tastier than...	Pizza is tastier than salad!

Part 2: Reading — Favourite Foods Around the World

Lucas from Brazil loves rice and beans. His mum cooks them every day, and Lucas thinks they are tastier than any other food. He also enjoys tropical fruit like mangoes and pineapples. "Mangoes are sweeter than oranges," Lucas says. His favourite drink is fresh orange juice. On Sundays, his grandma makes a special chocolate cake that is bigger than a football!

Yuki from Japan loves sushi and ramen noodles. She thinks ramen is better than any soup in the world. Yuki doesn't like very sweet food — she thinks Japanese food is healthier than fast food. Her favourite snack is rice crackers. "They are crunchier than chips," she says. Yuki's family always eats dinner together at the table.

Omar from Turkey loves kebabs and fresh bread from the bakery. He thinks his dad's kebabs are better than restaurant food! Omar also likes baklava for dessert — it's very sweet and smaller than a piece of cake, but much sweeter. His favourite drink is ayran. Every Friday, Omar's family has a big breakfast with eggs, cheese, tomatoes and olives.

Mia from England loves fish and chips. She eats them every Friday with her family. Mia thinks fish and chips are more delicious than burgers. She also loves Sunday roast — chicken with potatoes and vegetables. "Sunday roast is the best meal of the week!" Mia says. For dessert, she always wants sticky toffee pudding because it is tastier than ice cream.

Comprehension: 1) What does Lucas eat every day? Rice and beans. 2) What does Yuki think about Japanese food? Healthier than fast food. 3) Who makes the best kebabs (Omar)? His dad. 4) When does Mia eat fish and chips? Every Friday. 5) What is sweeter than oranges? Mangoes. 6) What is tastier than ice cream (Mia)? Sticky toffee pudding.

Part 3: Comparing Foods

Short words: add -er + than (cheaper, bigger, sweeter)
 Words ending in -y: change y to i + -er than (tastier, healthier)
 Long words: more + word + than (more delicious, more expensive)
 Special: good → better than, bad → worse than

Adjective	Comparative	Example
big	bigger than	A burger is bigger than a sandwich.
cheap	cheaper than	Rice is cheaper than meat.

sweet	sweeter than	Cake is sweeter than bread.
tasty	tastier than	Pizza is tastier than salad.
healthy	healthier than	Fruit is healthier than chips.
delicious	more delicious than	Pasta is more delicious than soup.
expensive	more expensive than	Sushi is more expensive than noodles.
good	better than	Homemade food is better than fast food.
bad	worse than	Cold pizza is worse than hot pizza!

Part 4: At the School Cafeteria

L What are you having for lunch, Max?
:

M I'm having the chicken burger. It's tastier than the fish, I think.
:

L Really? I love the fish! I think it's healthier than the burger.
:

M Maybe, but the burger is bigger. I'm really hungry today!
:

L Ha! What about dessert? The cake looks nice.
:

M I want ice cream. It's sweeter than cake. What's your favourite dessert?
:

L Fruit salad! I know it sounds boring, but I think it's more delicious than cake.
:

M More delicious than cake? No way! But OK, everyone likes different things!
:

Part 5: Game — Comparison Challenge

Choose the correct comparative sentence:

Option A	Option B	Correct
Pizza is tastier than salad.	Pizza is more tastier than salad.	A
Fish is more expensive than rice.	Fish is expensiver than rice.	A
Chocolate is sweeter than fruit.	Chocolate is more sweet than fruit.	A
A burger is bigger than a cookie.	A burger is more big than a cookie.	A
Salad is healthier than chips.	Salad is healthyer than chips.	A

Homemade food is better than fast food.	Homemade food is gooder than fast food.	A
Cake is more delicious than bread.	Cake is deliciouser than bread.	A
Cold soup is worse than hot soup.	Cold soup is badder than hot soup.	A

Part 6: Quiz

Q1. Pizza is ____ than salad.

- a) tastier b) more tastier c) tastyer d) most tasty

Q2. Which sentence is correct?

- a) Cake is more sweet than fruit. b) Cake is sweeter than fruit. c) Cake is sweetier d) Cake is most sweet

Q3. Sushi is ____ than a sandwich.

- a) expensiver b) more expensive c) most expensive d) expensier

Q4. Homemade food is ____ than fast food.

- a) gooder b) more good c) better d) best

Q5. Fruit is ____ than chocolate.

- a) more healthy b) healthyer c) healthier d) most healthy

Q6. A burger is ____ than a cookie.

- a) more big b) biger c) bigger d) most big

Part 7: Compare the Foods!

Word Box: bigger than, tastier than, healthier than, sweeter than, cheaper than, more delicious than, better than, more expensive than

- A watermelon is _____ an apple. (big)
- Chocolate is _____ bread. (sweet)
- Salad is _____ chips. (healthy)
- I think pizza is _____ soup. (tasty)
- Homemade food is _____ fast food. (good)
- Street food is _____ restaurant food. (cheap)
- My mum's pasta is _____ school pasta. (delicious)
- Sushi is _____ a sandwich. (expensive)

Part 8: Your Favourite Food!

Talk About Food

What is your favourite food? Why?

Which is tastier — pizza or pasta?

What food do you eat at home? Who cooks?

Is fruit healthier than chocolate?

What is the best food in the world?

Write About Your Favourite Food

Write 4-5 sentences about your favourite food. Use comparisons!

Example: My favourite food is pizza. I think pizza is tastier than pasta because I love cheese. Pizza is also bigger than a sandwich, so I always feel full! My mum makes the best pizza — it is more delicious than restaurant pizza. I eat pizza every Friday and I love it!

Review Checklist

- I can name 15 different foods and drinks.
- I can say what foods I like, love and don't like.
- I can compare two foods (tastier than, bigger than...).
- I can read and understand a text about food.
- I can write 4-5 sentences about my favourite food.

Well done! You can now talk about your favourite food and compare dishes!

Answer Key

Quiz Answers:

1. a) tastier
2. b) Cake is sweeter than fruit.
3. b) more expensive
4. c) better
5. c) healthier
6. c) bigger

Fill in the Blanks Answers:

1. bigger than
2. sweeter than
3. healthier than
4. tastier than
5. better than
6. cheaper than
7. more delicious than
8. more expensive than