

What's Wrong?

Fleydo English School • Teens • A2 • Reading • 30 min

Lesson Objectives

- Read about health problems
- Name illnesses and symptoms
- Give advice with should/must/had better
- Understand advice strength scale
- Write about being ill

Part 1: Reading

Dylan, 13: Headache and stomach ache. Stayed up until 2am gaming, skipped breakfast, drank 2 energy drinks. Nurse: "You should get 8+ hours sleep. You shouldn't drink energy drinks. You must stop staying up late. You'd better lie down."

Suki, 14: Sore throat, runny nose, cough, sneezing, body aches, fever (38.2°). Cold since Friday. Nurse: "You should go home and rest. You shouldn't be at school with a fever. You must drink plenty of fluids. You'd better take paracetamol. See a doctor if it doesn't improve."

Aaron, 15: Twisted ankle in PE — landed badly after a jump. Swelling. Probably a sprain, not broken. Nurse: "You should put ice on it. You shouldn't walk on it. You must keep it raised. You'd better not do PE for a week. Go to A&E if it gets worse."

Part 2: Comprehension

1. Why does Dylan feel sick? (Late night, no breakfast, energy drinks.)
2. What symptoms does Suki have? (Sore throat, cough, fever, aches.)
3. What was Suki's temperature? (38.2°.)
4. How did Aaron hurt his ankle? (Landed badly in football.)
5. When should Aaron go to A&E? (If swelling doesn't go down.)

Part 3: Grammar

should / shouldn't = advice

You should rest. You shouldn't drink energy drinks.

must = strong / necessary

You must drink fluids. You must stop staying up late.

□ **had better ('d better) = strong + warning**

You'd better lie down. You'd better not do PE.

□ **Strength: should (mild) < had better (strong) < must (very strong)**

□ Part 4: Quiz

1. You ___ get more sleep. (advice)
a) should b) would c) could d) might
2. You ___ drink energy drinks. (bad idea)
a) should b) shouldn't c) mustn't to d) don't should
3. You'd ___ not do PE. (strong advice)
a) better b) rather c) should d) must
4. Why did Dylan feel sick?
a) Ate too much b) Late night + energy drinks c) Twisted ankle d) Cold
5. Strongest advice?
a) You should rest b) You could rest c) You must see a doctor d) Maybe rest
6. Aaron + swelling doesn't go down?
a) Paracetamol b) A&E; for X-ray c) More football d) Sleep

⇒ Part 5: Fill in the Blanks

1. You _____ get at least eight hours sleep. (advice)
2. You _____ drink energy drinks. (bad idea)
3. You _____ drink plenty of fluids. (very important)
4. You _____ lie down. (strong + warning)
5. You _____ come to school with a fever. (bad idea)
6. You _____ see a doctor if it doesn't improve. (advice)
7. You _____ do any PE for a week. (strong neg.)
8. You _____ stop staying up so late. (very important)

Answers: 1. should 2. shouldn't 3. must 4. 'd better 5. shouldn't 6. should 7. 'd better not 8. must

□ Part 6: Speaking & Writing

- When were you last ill?
- What do you do when you have a cold?
- Do teenagers get enough sleep?
- What advice for a bad headache?

✍ Write About Being Ill 10-14 sentences. What was wrong, how it happened, advice you got (should/must/had better), what you did, how long to recover. Use should/must/had better at least 4 times!

Review Checklist

- I can name health problems and symptoms.
- I can give advice with should/shouldn't.
- I can give strong advice with must.
- I can use had better / 'd better.
- I understand: should < had better < must.
- I can write about being ill.

Well done! You completed Lesson 11: What's Wrong?

□ Answer Key

Quiz Answers:

1. a) should
2. b) shouldn't
3. a) better
4. b) Late night + energy drinks
5. c) You must see a doctor
6. b) A&E; for X-ray