

ADULTS A2 · GRAMMAR · LESSON 05 / 30

# Throwback Thursday

*Past Simple — Regular Verbs with -ed*

PAST SIMPLE · REGULAR · 55 MIN



THINK ABOUT YESTERDAY

## Warm-Up

What did you do yesterday?

1. What time did you wake up?
2. Did you cook dinner or order food?
3. Did you watch anything?
4. Who did you talk to?
5. What was the last thing you did before bed?



PAST SIMPLE — REGULAR VERBS WITH -ED

## Grammar Focus

When the action is finished and the time is in the past, we use the Past Simple. For regular verbs: add -ed. Same for every subject. The tricky part: negatives use didn't + base verb (no -ed). Questions use Did + subject + base verb.

### THE CORE FORMULA

+ verb **-ed** · - **didn't** + verb · ? **Did** + subj + verb?

*"I worked late." · "I didn't work." · "Did you work?"*

### AFFIRMATIVE, NEGATIVE, QUESTION

#### AFFIRMATIVE

"I worked late."  
 "She cooked dinner."  
 "We walked to the station."

Subject + verb-ed. Same for all subjects.

#### NEGATIVE & QUESTION

"I didn't work."  
 "She didn't cook."  
 "Did you walk?"

didn't + base verb. Did + subj + base verb?

Key: the -ed only appears in the affirmative. In negatives and questions, did/didn't carries the past meaning.

**SPELLING RULES FOR -ED**

Most verbs: + -ed

work → worked

Consonant + y: y → -ied

study → studied

Ends in -e: + -d

live → lived

Short vowel + cons: double + -ed

stop → stopped



**12 REGULAR VERBS FOR PAST ACTIONS**

**Key Vocabulary**

VERB	PAST	SOUND	MEANING	EXAMPLE
<b>arrive</b>	<b>arrived</b>	/d/	reach a place	"We arrived at six."
<b>cook</b>	<b>cooked</b>	/t/	prepare food	"She cooked dinner."
<b>decide</b>	<b>decided</b>	/ɪd/	choose	"I decided to change jobs."
<b>enjoy</b>	<b>enjoyed</b>	/d/	like doing	"We enjoyed the concert."
<b>finish</b>	<b>finished</b>	/t/	complete	"He finished on time."
<b>move</b>	<b>moved</b>	/d/	change location	"They moved last year."
<b>need</b>	<b>needed</b>	/ɪd/	require	"I needed more time."
<b>order</b>	<b>ordered</b>	/d/	request food	"We ordered pizza."
<b>start</b>	<b>started</b>	/ɪd/	begin	"She started a course."
<b>travel</b>	<b>travelled</b>	/d/	go on a journey	"He travelled to Japan."
<b>try</b>	<b>tried</b>	/d/	attempt	"I tried sushi."
<b>want</b>	<b>wanted</b>	/ɪd/	wish for	"She wanted to learn."



FOUR STORIES FROM THE PAST

## Reading

THE YESTERDAY ISSUE · VOLUME 05

# What happened?

*Four people look back — at a day, a year, a turning point.*

### STORY ONE · THE DAY EVERYTHING CHANGED

## Carla, 34 · Buenos Aires

Three years ago, Carla worked in a bank. She started at eight and finished at seven. She earned good money but hated her job. "I wanted something different."

One Friday, she walked past a bakery. The owner offered her cake. "I tasted it and something clicked. I decided that night — I wanted to learn to bake."

She enrolled in a course. She studied for six months. She practised every weekend. Her friends tasted her cakes and loved them.

Last year she opened her own bakery. She painted the walls, designed the menu, invited everyone. "The first day, I served forty customers. I worked fourteen hours." Did she miss her old job? "I didn't miss it for one second."

**PAST SIMPLE · REGULAR VERBS** Over 25 regular -ed verbs in one story. Notice negatives: didn't miss — didn't + base verb.

### STORY TWO · A YEAR ABROAD

## Tom, 28 · Manchester → South Korea

Tom lived in South Korea for twelve months. He arrived in February. "I didn't know anyone. I didn't speak Korean. I panicked."

The first week was hard. He missed his family. He called his mum every day. But things improved. Colleagues helped him, showed him the town, introduced him to Korean food.

Tom enjoyed teaching. "The children laughed at my pronunciation but they liked me. I played games with them."

After twelve months, Tom returned home. "I changed during that year. I discovered a new culture. I learned to cook Korean food."

**NEGATIVES & QUESTIONS** didn't know, didn't speak — always didn't + base verb. Question: "Did I want to stay?"

**STORY THREE · THE LONGEST INTERVIEW****Priya, 31 · Bangalore**

Priya applied for her dream job. She prepared for weeks. She researched the company. She practised answers.

Interview day arrived. She dressed in her best clothes and travelled across the city. She arrived thirty minutes early and waited in the lobby.

The interview lasted two hours. They asked, tested, challenged her. She struggled but solved the problem.

Two days later: an email. "Congratulations." She screamed. She called her parents. She celebrated that evening.

**TIME EXPRESSIONS** last month, thirty minutes early, two hours, two days later, that evening — all signal finished past.

**STORY FOUR · THE RETIREMENT PARTY****Hans, 65 · Zurich**

Last Friday, Hans retired. After forty years, he walked out of his office. Colleagues organised a surprise party. They decorated the room.

His boss delivered a speech, thanked him, presented him with a watch. "I worked with some of these people for twenty years."

His first manager phoned him that evening. They chatted for an hour. He reminded Hans of his first day — "I spilled coffee on the CEO."

First day of retirement? "I stayed in bed until nine. I walked to a café. I ordered a coffee. Nobody called. Nobody emailed. It was wonderful."

**A COMPLETE NARRATIVE** Over 40 regular past forms. Every sentence describes a completed action.

# ANSWER KEY

## PART VI · PRACTICE

1. B — cooked
2. A — studied
3. C — didn't walk
4. B — Did / watch
5. A — stopped
6. C — moved
7. B — 2 (want-ed)
8. A — enjoyed
9. C — decided
10. B — didn't

## PART IX · MINI QUIZ

- Q1: B — walked
- Q2: C — didn't answer
- Q3: A — Did / enjoy
- Q4: B — tried
- Q5: D — planned
- Q6: C — /ɪd/ two syllables
- Q7: A — /t/ one syllable
- Q8: B — last week
- Q9: D — He didn't finished
- Q10: A — enjoyed

Well done! Lesson 05 complete. Next: Past Simple (Irregular Verbs) — Once Upon a Holiday.