

PRE-A1 KIDS LESSON | #28

At the Supermarket

Learn words for food and things you buy at the supermarket!

Vocabulary

	Word	Meaning
	milk	a white drink from cows
	bread	you make sandwiches with it
	eggs	they come from chickens; they break easily
	cheese	yellow or white food made from milk
	rice	small white grains you cook and eat
	trolley	a big cart with wheels for shopping
	checkout	the place where you pay
	shopping list	a list of things you need to buy
	pay	to give money for something
	fruit	apples, bananas, oranges — food from plants

Nico Goes Shopping

My name is **Nico**. I am **eight** years old. Today, I go to the **supermarket** with my mum.

My mum has a **shopping list**. She reads it: "**Milk, bread, eggs, rice, cheese**, and apples."

We get a big **trolley**. I push it! It has four wheels. It is fun to push.

First, we go to the **fruit** section. I put six red apples in the trolley. "Good job, Nico!" my mum says.



Then, we find the **bread**. There is white bread and brown bread. My mum takes the brown bread. "Brown bread is **healthy**," she says.

Next, we get **milk**. It is in the fridge section. The milk is cold! I put it in the trolley carefully.

We get a box of **eggs**. "Be careful, Nico!" my mum says. "Eggs **break** easily." I hold the box with two hands.

We also get **rice** and **cheese**. The cheese is yellow. The rice is in a big bag.

Now, we go to the **checkout**. A lady scans our food. My mum **pays** with her card. "Thank you!" the lady says.

We put everything in bags and walk to the car. I helped my mum today! Shopping is fun.  

Language Focus

Asking for things:

I need some milk. | **Can I have** some bread, please? | **We need** eggs and cheese. | **How much** is the rice?

Quiz

1. Where do you buy food?

- A) At school
- B) At the supermarket
- C) At the park
- D) At home

2. What is a trolley?

- A) A type of food
- B) A big cart with wheels
- C) A shopping list
- D) A person

3. What does 'pay' mean?

- A) To eat food
- B) To push a trolley
- C) To give money for something
- D) To write a list

4. Complete: 'I need ___ milk.'

- A) a
- B) some
- C) many
- D) much

5. What does Nico push in the story?

- A) A basket
- B) A bag
- C) A trolley
- D) A car

6. Which food comes from chickens?

- A) Milk
- B) Bread
- C) Cheese
- D) Eggs

7. What colour bread does Mum choose?

- A) White
- B) Yellow
- C) Brown
- D) Red

8. What do you do at the checkout?

- A) Cook food
- B) Eat food
- C) Pay for food
- D) Play games

Answer Key

1. B 2. B 3. C 4. B 5. C 6. D 7. C 8. C

Speaking Practice 

1. Do you like going to the supermarket?
2. What food do you buy every week?
3. Do you help your mum or dad at the supermarket?
4. What is your favourite food to buy?
5. Can you make a shopping list with 5 things?