










## PRE-A1 KIDS LESSON | #68

# Cooking with Mum




Learn kitchen action words and make something yummy!

## Vocabulary

	Word	Meaning
	<b>wash</b>	to clean something with water
	<b>cut</b>	to make smaller with a knife
	<b>mix</b>	to put things together and stir
	<b>cook</b>	to make food hot so you can eat it
	<b>pour</b>	to make liquid go from one place to another
	<b>stove</b>	the hot place where you cook
	<b>pan</b>	a flat metal thing you cook in
	<b>bowl</b>	a round deep dish for mixing or eating
	<b>spoon</b>	you use it to mix or eat soup
	<b>plate</b>	a flat round thing for food

## Language Focus

### Kitchen instructions (imperatives):

 **Wash** the tomatoes. |  **Cut** the onion. |  **Mix** the eggs and milk. |  **Cook** for 5 minutes.

### Step-by-step order words:

**First**, wash the vegetables. | **Then**, cut them. | **Next**, put them in the pan. | **Finally**, cook for 10 minutes.

## Nadia Makes Pancakes 🧑

My name is **Nadia**. I am **seven** years old. Today is Saturday. My mum says: "Let's make **pancakes!**"

"Yes!" I say. I love pancakes! We go to the **kitchen**. My mum gives me an **apron**. It is pink. Now I look like a real cook!

"**First**, we need the **ingredients**," my mum says. We need **flour**, eggs, milk, and a little sugar. I put the flour in a big **bowl**.

My mum **cracks** two eggs. Crack! Crack! I **pour** the milk. Slowly, slowly!

"**Now, mix it!**" says my mum. I take a big **spoon** and mix everything together. Round and round! The batter is smooth and yellow.

My mum **heats** the **pan** on the **stove**. She puts a little butter in. Sizzle!

"**Then**, we **pour** the batter in the pan," she says. The pancake **cooks** for two minutes. **Flip!** My mum turns it over with a spatula.

"**Finally**, put it on a **plate!**" my mum says. I put honey on my pancake. I take a bite. Mmm! **Delicious!**

"Can I make another one?" I ask. My mum laughs. "Of course!" We make five more. My dad eats three! 🍪

## Quiz 🏆

### 1. What does 'wash' mean?

- A) To make food hot
- B) To clean with water
- C) To cut with a knife
- D) To put on a plate

### 2. What do you use to mix things?

- A) A plate
- B) A knife
- C) A spoon
- D) A stove

**3. What is the correct order?**

- A) Cook, wash, cut, mix
- B) Wash, cut, mix, cook
- C) Mix, pour, wash, cut
- D) Cook, cut, wash, mix

**4. What is a 'pan'?**

- A) A round dish for soup
- B) A flat metal thing for cooking
- C) A big spoon
- D) A cup

**5. What does Nadia make in the story?**

- A) Pizza
- B) Soup
- C) Pancakes
- D) A sandwich

**6. Complete: '\_\_\_\_, wash the tomatoes.'**

- A) Finally
- B) Next
- C) Then
- D) First

**7. Where do you cook food?**

- A) On a plate
- B) In a bowl
- C) On a stove
- D) On a shelf

**8. How many pancakes does Dad eat?**

- A) One
- B) Two
- C) Three
- D) Five

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**Answer Key**

**1. B 2. C 3. B 4. B 5. C 6. D 7. C 8. C**

**Speaking Practice** 

1. Do you like cooking?

2. What can you cook?
3. Who cooks in your family?
4. What is your favourite food?
5. Can you tell me how to make a sandwich? (First... then... next...)