


PRE-A1 KIDS LESSON | #88

Let's Play Sports!

Learn the names of sports in English!

Vocabulary

	Word	Meaning
	football	kick a ball into a goal
	basketball	throw a ball into a high basket
	swimming	move through water
	running	move your legs fast
	cycling	ride a bicycle
	tennis	hit a ball with a racket over a net
	team	a group who play together
	goal	where the ball goes to score
	kick	hit something with your foot
	score	to get a point in a game

Language Focus

Talking about sports:

 I can play football. |  I can play basketball. |  I can swim. |  I can ride a bicycle.

Likes and abilities:

I like swimming. | I am good at running. | I can't play tennis. It is hard! | Can you play football?

Sports Day

My name is Kai. I am eight years old. Today is Sports Day at school! I am very excited.

In the morning, we start with **running**. "Ready, set, go!" I run as fast as I can! My friend Tom is very **fast**. He wins the race.

Next, we play **football**. I am on the blue **team**. I **kick** the ball. It goes into the **goal**! "GOAL!" The blue team wins 2-1!

After football, we play **basketball**. I **throw** the ball. It goes in! "Nice shot!" says my teacher.

Then we go to the **swimming** pool. The water is cold! But I love swimming. I can swim 25 metres. Splash, splash, splash!

In the afternoon, we ride **bicycles** around the track. Round and round! My legs are tired, but fun!

The last sport is **tennis**. I hit the ball with a racket. It goes over the net! Tennis is hard, but I like it.

At the end, the teacher gives everyone a **medal**. "You are all winners!" My medal is gold. I put it around my neck.

Sports Day is the best day of the year! 

Quiz

1. In football, what do you do with the ball?

- A) Throw into a basket
- B) Hit with a racket
- C) Kick into a goal
- D) Swim with it

2. Complete: 'I can ___ football.'

- A) swim
- B) play
- C) ride
- D) run

3. What sport do you do in a pool?

- A) Football
- B) Basketball
- C) Running
- D) Swimming

4. What is 'cycling'?

- A) Running fast
- B) Riding a bicycle
- C) Kicking a ball
- D) Swimming

5. What score does the blue team win?

- A) 1-0
- B) 2-1
- C) 3-0
- D) 2-2

6. What does 'team' mean?

- A) One person
- B) A type of ball
- C) A group who play together
- D) A big goal

7. What does Kai get at the end?

- A) A trophy
- B) A sweet
- C) A medal
- D) A book

8. Complete: 'I can't ___ tennis.'

- A) swim
- B) run
- C) kick
- D) play

Answer Key

1. C 2. B 3. D 4. B 5. B 6. C 7. C 8. D

Speaking Practice 

1. What is your favourite sport?
2. Can you play football?
3. Can you swim?
4. Do you like running?
5. What sport do you want to try?