

# B1 My Digital Life Exam

B1 Level • My Digital Life • 30 Questions • 45 Minutes

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Choose the correct answer (A, B, C or D) for each question. Circle your answer or write the letter in the space provided.

- 1. Many teenagers spend more than five hours a day on their phones. Experts say this \_\_\_ their sleep quality.**  
A) affects B) effecting C) has affect D) affect
- 2. You should never \_\_\_ your password with anyone, not even your best friend.**  
A) give B) share C) say D) tell
- 3. If you see a suspicious message from a stranger, you \_\_\_ click on any links.**  
A) should B) can C) shouldn't D) might
- 4. Social media can be fun, \_\_\_ it can also make people feel lonely.**  
A) so B) because C) but D) and
- 5. A recent survey showed that 70% of teens \_\_\_ at least one social media account.**  
A) has B) have C) having D) had have
- 6. She was scrolling through her phone \_\_\_ the teacher was explaining the lesson.**  
A) during B) while C) until D) after
- 7. My parents set a \_\_\_ for how long I can use my tablet each day.**  
A) border B) limit C) line D) wall
- 8. \_\_\_ online for too long can cause headaches and tired eyes.**  
A) Be B) Been C) Being D) To been
- 9. He \_\_\_ playing video games since he got home from school three hours ago.**  
A) is B) was C) has been D) have been
- 10. Cyberbullying is when someone \_\_\_ hurtful messages to another person online.**  
A) sends B) sending C) send D) sended
- 11. You \_\_\_ be careful about what personal information you post online.**  
A) can B) would C) should D) shall
- 12. If I \_\_\_ more time, I would learn to code and make my own app.**  
A) have B) had C) will have D) having
- 13. The number of young people using short video apps \_\_\_ dramatically in the last two years.**  
A) rise B) rose C) has risen D) is rising
- 14. My brother is \_\_\_ addicted to his phone that he even takes it to the bathroom.**  
A) very B) such C) too D) so

- 15. An \_\_\_ is a short programme you download on your phone to do a specific task.**  
A) email B) app C) account D) update
- 16. She decided to \_\_\_ a break from social media because it was making her anxious.**  
A) make B) do C) have D) take
- 17. Online games are \_\_\_ popular among teenagers than board games.**  
A) much B) more C) most D) very
- 18. I wish I \_\_\_ so much time on social media last weekend.**  
A) don't spend B) didn't spend C) hadn't spent D) won't spend
- 19. Digital \_\_\_ means understanding how to use technology safely and responsibly.**  
A) literacy B) literature C) letter D) library
- 20. The website \_\_\_ by millions of people every day.**  
A) visits B) is visited C) visiting D) visited
- 21. You need a strong password \_\_\_ protect your accounts from hackers.**  
A) for B) so that C) in order to D) because
- 22. He asked me \_\_\_ I had seen the funny video that everyone was sharing.**  
A) that B) what C) whether D) which
- 23. My screen time report says I \_\_\_ my phone 120 times yesterday!**  
A) have checked B) was checking C) checked D) check
- 24. Parents are worried that children are becoming too \_\_\_ on technology.**  
A) dependent B) dependable C) depending D) independence
- 25. Not everything you read on the internet is true. You should always \_\_\_ the facts.**  
A) look B) search C) check D) find
- 26. If she \_\_\_ posting personal photos, she might regret it later.**  
A) keeps B) kept C) will keep D) keeping
- 27. I used to spend hours online, but now I \_\_\_ outdoor activities instead.**  
A) prefer B) preferred C) preferring D) am preferring
- 28. The teacher told us \_\_\_ our phones off during the exam.**  
A) turn B) turning C) to turn D) turned
- 29. It is important \_\_\_ teenagers learn how to stay safe on the internet.**  
A) what B) which C) who D) that
- 30. A \_\_\_ is a person who illegally gets into other people's computer systems.**  
A) blogger B) hacker C) follower D) streamer

## ANSWER KEY

No	Ans	Correct Option	No	Ans	Correct Option	No	Ans	Correct Option
1	A	affects	11	C	should	21	C	in order to
2	B	share	12	B	had	22	C	whether
3	C	shouldn't	13	C	has risen	23	C	checked
4	C	but	14	D	so	24	A	dependent
5	B	have	15	B	app	25	C	check
6	B	while	16	D	take	26	A	keeps
7	B	limit	17	B	more	27	A	prefer
8	C	Being	18	C	hadn't spent	28	C	to turn
9	C	has been	19	A	literacy	29	D	that
10	A	sends	20	B	is visited	30	B	hacker