

A2 TEENS · GRAMMAR · LESSON 05

Game On!

Sports & Free Time Activities

DURATION	LEVEL	FOCUS
45 minutes	CEFR A2	like+ing / can / adverbs

Talk about what you love doing, what you can do,
and how often you do it.

01

Warm-Up

What do you do for fun?

Answer in full sentences. Don't worry about perfect grammar yet — just talk about your free time!

- 01 What is your favourite sport or hobby? Why do you like it?
- 02 What is one thing you can do really well? What can't you do at all?
- 03 How often do you play sport or exercise — every day, sometimes, or never?
- 04 Do you prefer team sports (football, basketball) or doing things alone (running, drawing)? Why?

02

Grammar Focus

Talking about free time

A • LIKES & DISLIKES + VERB-ING

After **like, love, enjoy, hate, don't mind** we usually add the **-ing** form of the next verb.

I love playing • She hates running • We enjoy swimming

♥♥ love | ♥ like / enjoy | - don't mind | ✘ don't like | ✘✘ hate

- ✓ I love **playing** basketball with my friends.
- ✘ I love **play** basketball. (need -ing)

B • CAN / CAN'T FOR ABILITY

Use **can** + base verb to say what you are able to do. Use **can't** for things you are not able to do. The verb never changes — no *-s*, no *-ing*.

subject + can / can't + base verb

- ✓ She **can swim** very fast.
- ✓ I **can't ride** a horse.
- ✘ He **cans play** tennis. (never add -s to can)

Questions: Can you skate? — Yes, I can. / No, I can't.

C · ADVERBS OF FREQUENCY — HOW OFTEN?

These words tell us how often something happens. They go **before** the main verb, but **after** the verb *to be*.

0%	25%	50%	75%	100%
never	sometimes	often	usually	always

- ✓ I **always** play football on Saturday. (before main verb)
- ✓ She is **never** late for training. (after "is")

We can also use **once / twice / three times a week**: *I go swimming twice a week.*

03

Key Vocabulary

Sports & free time words

Word	Meaning	Example
hobby	<i>something you enjoy in free time</i>	My hobby is photography.
team	<i>a group that plays together</i>	Our team won the match.
match	<i>a game between two teams</i>	The football match starts at 7.
coach	<i>a person who trains a team</i>	Our coach is very strict.
practice / training	<i>doing something to get better</i>	We have practice every Tuesday.
score (a goal)	<i>to get a point</i>	She scored the winning goal.
win / lose	<i>to come first / not to win</i>	We won 3-1. They lost the game.
join	<i>to become a member</i>	I want to join the chess club.
fit	<i>healthy and strong</i>	Running keeps me fit.
fan	<i>someone who loves a sport/team</i>	He is a big football fan.
compete	<i>to try to win against others</i>	I compete in swimming races.
relax	<i>to rest and feel calm</i>	I relax by drawing.

04

Reading

Four teens, four passions

TEEN LIFE · ISSUE 05

What We Do After School

We asked four teenagers around the world: "What do you do in your free time?"

MAYA, 14 · CANADA

Skateboarding

"I love skateboarding! I go to the skate park three times a week. At first I couldn't do any tricks, and I fell down a lot. Now I can do two tricks and I never give up. My friends and I always practise together. It keeps me fit and it's so much fun. My dream is to compete one day."

OMAR, 15 · EGYPT

Football

"Football is my whole life. I play for my school team and our coach trains us every day after school. I usually play in defence. Last week we won an important match and I scored a goal! I can't play with my left foot very well yet, but I'm practising. I'm a big fan of my local team too."

SOFIA, 13 · ITALY

Dance & Music

"I don't really like team sports. I prefer dancing! I enjoy dancing because I can move to the music and forget my worries. I have a dance class twice a week. I also love listening to music and I sometimes play the guitar. Dancing helps me relax after a long school day."

KAI, 16 · AUSTRALIA

Swimming

"I'm on the school swimming team. I can swim 50 metres in under 40 seconds! Training is hard — we start at 6 a.m. — but I don't mind getting up early. I love competing and I usually win my races. My coach says I never stop trying. Swimming makes me feel free."

Notice: the teens use *like/love/enjoy* + *-ing* (love skateboarding, enjoy dancing), *can/can't* for ability (can swim, can't play), and frequency adverbs (always, usually, sometimes, never).

05

Practice

Choose the correct form

Each item has a grammar tag: LIKE+ING / CAN-CAN'T / ADVERB / QUESTION. Circle the correct option.

1. I really enjoy _____ video games at the weekend. **LIKE+ING**

- play playing to play

2. My brother _____ ride a bike — he never learned. **CAN/CAN'T**

- don't can can't cans not

3. She _____ goes swimming on Mondays and Fridays. **ADVERB**

- always always is is always go

4. We _____ playing basketball after school. **LIKE+ING**

- loves love are love

5. _____ you play the guitar? **QUESTION**

- Can Do can Are

6. He is _____ late for training. (0%) **ADVERB**

- never always usually

7. I hate _____ up early on cold mornings. **LIKE+ING**

- get to getting getting

8. My sister _____ run very fast. She wins every race. **CAN/CAN'T**

- can cans is can

06

Speaking

Talk about your free time

Ask and answer with a partner. Use *like + -ing*, *can/can't*, and frequency adverbs!

- ▶ What sports or hobbies do you like doing? Why?
- ▶ What can you do well? What can't you do (yet)?
- ▶ How often do you exercise or play games? Use always/usually/sometimes/never.
- ▶ Do you prefer team sports or doing things alone? Why?
- ▶ What new hobby would you like to try? Why?

EXAMPLE CONVERSATION

A: What do you like doing in your free time?

B: I love playing volleyball. I play twice a week with my team.

A: Cool! Can you serve well?

B: I can serve, but I can't jump very high yet. What about you?

A: I'm not good at sports. I usually relax by drawing — I never get bored!

07

Writing

My free time (60-90 words)

Write a short text about your favourite sport or hobby, like the teens in the reading.
Include all of these:

- at least 2 sentences with **like / love / enjoy / hate + -ing**
- at least 2 sentences with **can** or **can't**
- at least 2 **frequency adverbs** (always, usually, sometimes, never)
- at least 3 words from the **Key Vocabulary** list

08

Quiz

Check your understanding

Circle the correct answer. Check your answers in the key below.

1. Choose the correct sentence:

- I enjoy to play tennis. I enjoy playing tennis. I enjoy play tennis.

2. Complete: "She _____ swim when she was four."

- could / can cans is can

3. Where does the adverb go? "I ___ go ___ running ___."

- always (before "go") after "running" before "I"

4. Which sentence is WRONG?

- He can play chess. He cans play chess. He can't play chess.

5. From the reading: How often does Maya go to the skate park?

- every day three times a week once a month

6. From the reading: What does Kai do?

- football dancing swimming

ANSWER KEY

Practice: 1-playing · 2-can't · 3-always · 4-love · 5-Can · 6-never · 7-getting · 8-can

Quiz: 1-B · 2-A · 3-A · 4-B · 5-B · 6-C

Great work! Next lesson: At the Doctor's — "I don't feel well."