

Where Are You From?

Countries, Nationalities & Introductions

CEFR A1 · 40 minutes · Ages 11–16 · Vocabulary & Speaking

In this lesson, you will learn to talk about countries and nationalities. You will practise saying where you are from, asking others about their country, and using nationality adjectives correctly.

01

WARM-UP

Think about your world

Before the lesson, think about these questions:

- 1 What country are you from? Can you say it in English?
- 2 Do you know anyone from a different country? Where are they from?
- 3 Can you name five countries in English?
- 4 What is the difference between a "country" and a "nationality"?

02

GRAMMAR & LANGUAGE FOCUS

How to say where you are from

Two ways to tell people about your country:

Way 1: I'm from + country

I'm from + Turkey / Germany / Japan / Brazil ...

â■■ I'm from Germany. I live in Berlin.

â■■ She's from Brazil. She speaks Portuguese.

â■■ Where are you from? — I'm from Japan.

Way 2: I'm + nationality

I'm + Turkish / German / Japanese / Brazilian ...

â■■ I'm German. I live in Berlin.

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â■■■ She's Brazilian. She speaks Portuguese.

â■■■ What nationality are you? — I'm Japanese.

Remember: Nationality adjectives always start with a **capital letter**: Turkish (not turkish), German (not german).

Nationality endings — spelling rules

Ending	Examples
add -ish	Turkey → Turkish, Spain → Spanish, Poland → Polish, Britain → British
add -an / -ian	Germany → German, Brazil → Brazilian, Italy → Italian, Russia → Russian
add -ese	Japan → Japanese, China → Chinese, Portugal → Portuguese
add -i	Iraq → Iraqi, Pakistan → Pakistani
irregular	France → French, Greece → Greek, Netherlands → Dutch

Countries & Nationalities — learn these!

Country	Nationality	Language
Turkey	Turkish	Turkish
Germany	German	German
Britain / UK	British	English
the USA	American	English
France	French	French
Spain	Spanish	Spanish
Italy	Italian	Italian
Brazil	Brazilian	Portuguese

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Japan	Japanese	Japanese
China	Chinese	Chinese
Russia	Russian	Russian
South Africa	South African	English, Zulu, Afrikaans...

03

KEY VOCABULARY

Words you'll need for this lesson

Word	Meaning	Example
country (noun)	a place with its own government	<i>Turkey is a beautiful country.</i>
nationality (noun)	the country you belong to	<i>My nationality is German.</i>
language (noun)	the words people use to talk	<i>I speak two languages: Turkish and English.</i>
capital (noun)	the main city of a country	<i>The capital of France is Paris.</i>
flag (noun)	the coloured symbol of a country	<i>The Turkish flag is red and white.</i>
introduce (verb)	to tell someone your name	<i>Let me introduce myself — I'm Ali.</i>
foreign (adj)	from a different country	<i>I have two foreign friends at school.</i>
accent (noun)	the way someone sounds	<i>She has a nice French accent.</i>
abroad (adv)	in or to another country	<i>My uncle lives abroad — in Canada.</i>
hometown (noun)	the city where you grew up	<i>My hometown is Istanbul.</i>

04

READING

New friends from around the world

Six teenagers from around the world join an online group chat. They don't know each other yet. The first task: introduce yourself!

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ELIF

Hi everyone! My name is **Elif**. I'm 14 years old. **I'm from Turkey** — I live in Istanbul. **I'm Turkish** and I speak Turkish and a little English. Istanbul is a very big city. It's my hometown and I love it! Nice to meet you all!

LUCAS

Hey Elif! Nice to meet you too! I'm **Lucas**. I'm 13 and **I'm from Brazil**. **I'm Brazilian**. I live in São Paulo. I speak Portuguese at home, but I study English at school. My country is very big — even bigger than yours!

YUKI

Hello! I'm **Yuki**. I'm 15. **I'm Japanese** and **I'm from** Tokyo, Japan. I speak Japanese and I'm learning English. Tokyo is the capital of Japan. It's very modern! What are your capitals?

SOPHIE

Bonjour! My name is **Sophie** and I'm 14. **I'm French** — **I'm from** Lyon, France. Lyon is not the capital (that's Paris!), but it's famous for food. I speak French and English. My teacher says I have a French accent in English.

TOM

Hi everyone! I'm **Tom**, I'm 13, and **I'm British**. **I'm from** Manchester in England. I speak English — it's my first language! My dad is from Scotland, so he has a different accent.

AMARA

Hey! I'm **Amara** and I'm 14. **I'm South African**. **I'm from** Cape Town. In South Africa, we have 11 official languages! I speak English and Zulu at home. My mum is from abroad — she's originally from Nigeria. I love meeting foreign friends online!

Group Admin: Great introductions, everyone! Six countries, six stories. Now it's YOUR turn — if you were in this group, what would you write?

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05**VOCABULARY CARDS**

Review & remember

country *(noun)*

A place with its own government, borders, and people.

"How many countries can you name in Europe?"

nationality *(noun)*

The country you officially belong to.

"What's your nationality? — I'm Turkish."

capital *(noun)*

The most important city in a country.

"Berlin is the capital of Germany."

abroad *(adverb)*

In or to a different country from yours.

"Have you ever been abroad?"

foreign *(adjective)*

From another country, not from your own.

"I want to learn a foreign language."

introduce *(verb)*

To tell someone your name for the first time.

"Can you introduce yourself to the class?"

06**PRACTICE**

Fill in the blanks

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Complete each sentence with the correct word. Use the country, nationality, or vocabulary you learned in this lesson!

- 1 Elif is from Turkey. She is _____. (*nationality*)
- 2 Lucas is Brazilian. He is from _____. (*country*)
- 3 _____ are you from? — I'm from Japan. (*question word*)
- 4 Sophie is from France. She is _____. (*nationality*)
- 5 The capital _____ Japan is Tokyo. (*preposition*)
- 6 Tom is from England. He is _____. (*nationality*)
- 7 My uncle lives _____ — he lives in Canada. (*in another country*)
- 8 Yuki is _____. She is from Tokyo. (*nationality*)

07**SPEAKING**

Interview your partner

Work with a partner. Ask these questions and answer in full sentences. Use "I'm from..." and "I'm + nationality" in your answers!

- 1 Where are you from?
- 2 What nationality are you?
- 3 What is the capital of your country?
- 4 What language do you speak at home?
- 5 Do you know anyone from a foreign country?

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Example conversation:

A: Hi! Where are you from?

B: I'm from Turkey. I'm Turkish.

A: Cool! What is the capital of Turkey?

B: The capital is Ankara. But I live in Istanbul.

A: What language do you speak?

B: I speak Turkish and a little English.

08

WRITING

Your group chat message

Write your own introduction (40–60 words)

Imagine you join the group chat from the reading. Write a message to introduce yourself.

Your checklist:

- Say your name and age
- Use "I'm from + country" or "I'm + nationality" (or both!)
- Say what language(s) you speak
- Say something interesting about your city or country

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09**QUIZ**

Check your understanding

Circle the correct answer for each question.

1. Elif is from Turkey. What nationality is she?

- A) Turkian
- B) Turkish
- C) Turkese
- D) Turkey

2. How do you ask someone about their country?

- A) What are you from?
- B) Where is you from?
- C) Where are you from?
- D) Where do you from?

3. Sophie is French. She is from _____.

- A) French
- B) Paris
- C) France
- D) Franch

4. Which sentence is CORRECT?

- A) I'm from brazilian.
- B) I'm Brazilian.
- C) I'm a Brazilian country.
- D) I'm from Brazilish.

5. Japan → _____

- A) Japanian
- B) Japanish
- C) Japanse
- D) Japanese

6. Tom is from England. He is _____.

- A) Englandish
- B) English
- C) British
- D) Britanian

7. What is a "capital"?

- A) A big letter

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- B) The most important city in a country
- C) The language of a country
- D) A person from a country

8. Complete: My uncle lives _____ — he lives in Canada.

- A) foreign
- B) country
- C) abroad
- D) outside



ANSWER KEY

Practice & Quiz answers

Fill in the Blanks — Answers:

- ✓ 1. Turkish
- ✓ 2. Brazil
- ✓ 3. Where
- ✓ 4. French
- ✓ 5. of
- ✓ 6. British
- ✓ 7. abroad
- ✓ 8. Japanese

Quiz — Answers:

- ✓ 1. B) Turkish
- ✓ 2. C) Where are you from?
- ✓ 3. C) France
- ✓ 4. B) I'm Brazilian.
- ✓ 5. D) Japanese
- ✓ 6. C) British
- ✓ 7. B) The most important city in a country
- ✓ 8. C) abroad

Well done! You finished Lesson 04 of your A1 journey.

Next lesson: *This Is My Family — Family members and possessive 's.*

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