



CEFR A1 · GRAMMAR & SPEAKING

My Free Time

Talk about free-time activities with the Present Simple and frequency words: always, usually, sometimes, never.

Name: _____ Class: _____ Date: _____

1 Warm-up

GET READY













Think about these questions, or talk with a partner. You do not need to write.

1. What do you do in your free time?
2. What do you always do at the weekend?
3. Is there something you never do?
4. What is your favourite free-time activity?

2 Present Simple & Frequency Words

LANGUAGE FOCUS

Free-Time Activities. Say each one out loud.

 play football	 play games	 read books	 listen to music	 watch TV	 ride a bike
 draw	 dance	 swim	 cook	 take photos	 do puzzles

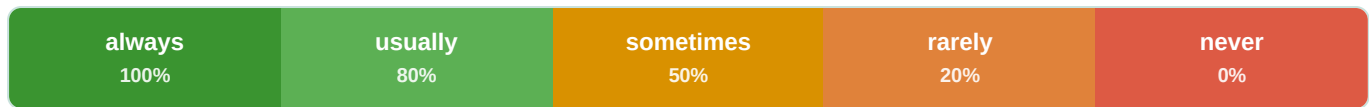
Present Simple. For things we do again and again. For he/she/it, add -s.

I / You / We / They + play → I play games.

He / She / It + plays → She plays games.

I + don't + play → I don't play football.

Frequency Words: How Often? From 100% (always) to 0% (never).



WHERE DOES IT GO?	EXAMPLE
before the verb	I always play football on Sunday.
before the verb	She sometimes watches TV.
before the verb	We never swim in winter.

 **Word order tip**

subject + frequency word + verb
I always read.
NOT "I read always."

3 Key Vocabulary

WORDS TO LEARN

WORD	MEANING	EXAMPLE
free time <i>NOUN</i>	time when you do not work or study	<i>In my free time I play games.</i>
hobby <i>NOUN</i>	something you like to do for fun	<i>My hobby is drawing.</i>
always <i>ADV.</i>	every time; 100%	<i>I always read before bed.</i>
usually <i>ADV.</i>	most of the time; about 80%	<i>I usually play football on Sunday.</i>
sometimes <i>ADV.</i>	not often, not always; about 50%	<i>She sometimes watches TV.</i>
never <i>ADV.</i>	not at any time; 0%	<i>I never play games at school.</i>
play <i>VERB</i>	to do a sport or a game for fun	<i>We play football together.</i>
watch <i>VERB</i>	to look at something for some time	<i>I watch films at the weekend.</i>
weekend <i>NOUN</i>	Saturday and Sunday	<i>At the weekend I ride my bike.</i>
favourite <i>ADJ.</i>	the one you like best	<i>Dancing is my favourite hobby.</i>

In My Free Time 🎨

Pablo — Spain

Hello! My name is Pablo and I am thirteen. In my **free time** I **always** play football with my friends. We play in the park after school. I **never** play games on my phone — I like to be outside!

Yara — Jordan

Hi, I am Yara and I am twelve. My **hobby** is drawing. I **usually** draw in the evening, and I **sometimes** paint, too. At the **weekend** I draw with my little sister. Drawing is my favourite thing to do.

Kenji — Japan

My name is Kenji. I am fourteen. I love music. I always listen to music when I do my homework, and I sometimes play the guitar. My brother plays the guitar too, so we sometimes play together. We never play late at night because of the neighbours!

Zoë — Canada

Hello! I am Zoë and I am thirteen. I usually ride my bike in my free time. In summer I swim in the lake near my house. I sometimes read books on rainy days, but I never watch TV in the morning. I like to be active!

5 Vocabulary Review

QUICK REVIEW

free time NOUN

Time when you do not work or study.

"In my free time I draw."

hobby NOUN

Something you like to do for fun.

"My hobby is drawing."

always ADV.

Every time, 100%. The most often word.

"I always read before bed."

sometimes ADV.

Not always and not never — about 50%.

"She sometimes watches TV."

never ADV.

Not at any time, 0%.

"I never play games at school."

weekend NOUN

Saturday and Sunday — the end of the week.

"At the weekend I ride my bike."

6 Practice: Fill in the Blanks

YOUR TURN

Write a **frequency word** (always, usually, sometimes, never), a **verb**, or **play / plays** on each line.

- 1 I _____ read before bed. (100%) (*every time*)
- 2 I _____ play games at school. (0%) (*not at any time*)
- 3 She _____ the guitar every day. (*he/she → add -s to play*)
- 4 Time when you do not work or study is your _____. (*two words*)
- 5 I _____ read on rainy days. (50%) (*not always*)
- 6 Saturday and Sunday is the _____. (*end of the week*)
- 7 We _____ football in the park. (*I/you/we/they → no -s*)
- 8 I _____ ride my bike. (80%) (*most of the time*)

7 Speaking: Free-Time Interview

LET'S TALK

1. What do you do in your free time?
2. What do you always do at the weekend?
3. Do you sometimes play games? Or never?
4. What is your favourite hobby?
5. What do you never do in your free time?

EXAMPLE DIALOGUE

A: What do you do in your free time?

B: I usually play football. I always play on Sunday.

A: Do you play games?

B: Sometimes. But I never play late at night. And you?

A: My favourite hobby is drawing. I draw every day!

B: Cool! That sounds fun.

8 Writing Task

WRITE IT DOWN

Write 30–50 words about what you do in your free time. Use frequency words!

- I write two **free-time activities** (play football, read...).
 - I use two **frequency words** (always, usually, sometimes, never).
 - I put the frequency word **before the verb** (I always read).
 - I say my **favourite** hobby.
-
-
-
-
-
-

9 Comprehension Quiz

SHOW WHAT YOU KNOW

Circle the correct answer (A, B, C or D).

1. Which word means 100% (every time)?

- A never
- B sometimes
- C always
- D rarely

2. Which word means 0% (not at any time)?

- A never
- B usually
- C always
- D sometimes

3. Choose the correct sentence:

- A I read always.
- B I always read.
- C Always I read.
- D I always reads.

4. She _____ the guitar every day. (play)

- A play
- B plays
- C playing
- D is play

5. Saturday and Sunday is the _____.

- A weekend
- B free time
- C hobby
- D morning

6. Which sentence is correct for 'I'?

- A I plays football.
- B I am play football.
- C I play football.
- D I playing football.

7. In the reading, what does Pablo never do?

- A play football
- B play games on his phone
- C go to the park
- D see his friends

8. Which word means 'about 50%'?

A always

B never

C sometimes

D usually

 **Answer Key**

FOR SELF-CHECK

Part 6 — Fill in the Blanks

1. **always** · 2. **never** · 3. **plays** · 4. **free time** · 5. **sometimes** · 6. **weekend** · 7. **play** · 8. **usually**

Part 9 — Quiz

1. **C** (always) · 2. **A** (never) · 3. **B** (I always read) · 4. **B** (plays)

5. **A** (weekend) · 6. **C** (I play football) · 7. **B** (games on his phone) · 8. **C** (sometimes)