



A1 TEENS · GRAMMAR · LESSON 35

## My Weekend *What do you do on Saturdays?*

On Saturday I play football. On Sunday I visit my grandma. In this lesson you'll learn to talk about your weekend with the Present Simple — the tense we use for things we do every week.

45 minutes

CEFR A1

Weekend

Name: \_\_\_\_\_ Date: \_\_\_\_\_

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WARM-UP

### Think before you start

Before the lesson, ask yourself...

1. What do you do on Saturday mornings?

2. Do you go out with friends or stay at home?

3. What is your favourite weekend activity?

4. Is your weekend busy or relaxing?

## Present Simple for the weekend

### When do we use the Present Simple?

We use the Present Simple for things we do **again and again** — our habits and routines. We do many things **every weekend!**

**ROUTINE** On Saturdays I **play** basketball with my friends.

**ROUTINE** My sister **visits** our grandma every Sunday.

**HABIT** We **watch** a film on Saturday night.

### How do we build the sentence?

| FORM                     | EXAMPLE                        |
|--------------------------|--------------------------------|
| Positive (I/you/we/they) | I <b>relax</b> at the weekend. |
| Positive (he/she)        | She <b>relaxes</b> . (add -s)  |
| Negative (I/you/we/they) | I <b>don't</b> work.           |
| Negative (he/she)        | He <b>doesn't</b> work.        |
| Question (you/we/they)   | <b>Do</b> you relax?           |
| Question (he/she)        | <b>Does</b> she relax?         |

### Time words for the weekend

| TIME WORD                     | EXAMPLE                                   |
|-------------------------------|---|
| on Saturday / Sunday          | I play tennis <b>on Saturday</b> .        |
| on Saturdays (every Saturday) | We meet <b>on Saturdays</b> .             |
| at the weekend                | I relax <b>at the weekend</b> .           |
| every weekend                 | She visits friends <b>every weekend</b> . |
| in the morning / afternoon    | I sleep late <b>in the morning</b> .      |

 Weekend signal words!

on Saturday

on Sundays

at the weekend

every weekend

usually

always

sometimes

never

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## KEY VOCABULARY

## Weekend activities

| PHRASE                            | MEANING                                   | EXAMPLE                                      |
|-----------------------------------|---|--|
| <b>relax</b> <i>verb</i>          | to rest and do nothing stressful          | <i>I relax on the sofa at the weekend.</i>   |
| <b>visit</b> <i>verb</i>          | to go and see a person or place           | <i>We visit our grandparents on Sundays.</i> |
| <b>meet (friends)</b> <i>verb</i> | to come together with other people        | <i>I meet my friends in the park.</i>        |
| <b>go shopping</b> <i>phrase</i>  | to go to shops to buy things              | <i>My mum and I go shopping on Saturday.</i> |
| <b>play sport</b> <i>phrase</i>   | to do a game like football or tennis      | <i>I play sport every Saturday morning.</i>  |
| <b>watch a film</b> <i>phrase</i> | to look at a movie on TV or at the cinema | <i>We watch a film on Saturday night.</i>    |
| <b>sleep late</b> <i>phrase</i>   | to stay in bed longer in the morning      | <i>On Sundays I sleep late.</i>              |
| <b>homework</b> <i>noun</i>       | school work you do at home                | <i>I do my homework on Sunday evening.</i>   |
| <b>busy</b> <i>adjective</i>      | having a lot of things to do              | <i>My weekend is always busy!</i>            |
| <b>free time</b> <i>noun</i>      | time when you are not working or studying | <i>In my free time I draw pictures.</i>      |

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## READING

## Two very different weekends

REAL TEENS · ISSUE 35

### Busy or relaxing? *Maya and Ben tell us about their weekends*

Two teenagers, two very different Saturdays and Sundays

Everyone loves the weekend! But people do very different things. We asked two teenagers about their typical weekend.

#### Maya's busy weekend

"My weekend is very **busy**!" says Maya. "On Saturday morning I **play** sport — I'm in the basketball team. In the afternoon I **go shopping** with my mum. On Sunday I **visit** my grandparents, and in the evening I **do** my **homework**. I don't **relax** much, but I love it!"

#### Ben's relaxing weekend

"My weekend is very different," says Ben. "I love my **free time**. On Saturday I **sleep** late — sometimes until eleven o'clock! Then I **meet** my friends in the park. We don't **play** sport; we just talk and laugh. On Saturday night my family **watches** a **film** together. On Sunday I **relax** at home. It's perfect!"

So, two very different weekends. Maya is always busy and active. Ben likes to relax and take it slow. **What about you?** Is your weekend busy like Maya's, or relaxing like Ben's?

**5****VOCABULARY CARDS****Review & remember****relax***verb*

To rest and do nothing stressful.

*"On Sundays I relax at home."***visit***verb*

To go and see a person or place.

*"We visit our grandparents at the weekend."***go shopping***phrase*

To go to shops to buy things.

*"I go shopping with my mum on Saturday."***watch a film***phrase*

To look at a movie on TV or at the cinema.

*"We watch a film on Saturday night."***sleep late***phrase*

To stay in bed longer in the morning.

*"On Sundays I sleep late."***free time***noun*

Time when you are not working or studying.

*"In my free time I draw pictures."***6****PRACTICE****Fill in the blanks**

Complete each sentence about the weekend. Write the correct Present Simple form. Watch the he/she -s!


- 1 On Saturdays I \_\_\_\_\_ football. (*play*)
- 2 My sister \_\_\_\_\_ our grandma every Sunday. (*visit*)
- 3 We \_\_\_\_\_ a film on Saturday night. (*watch*)
- 4 I \_\_\_\_\_ work at the weekend. (*not / work*)
- 5 He \_\_\_\_\_ sleep late on Sundays. (*not / sleep*)
- 6 \_\_\_\_\_ you go shopping at the weekend? (*question*)
- 7 I meet my friends \_\_\_\_\_ Saturday. (*on / at / in?*)
- 8 My mum relaxes \_\_\_\_\_ the weekend. (*on / at / in?*)


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**SPEAKING**


### Talk about your weekend

Work with a partner. Ask and answer about your weekends. Use the Present Simple and weekend time words. Then say: are your weekends the same or different?

 What do you do on Saturday mornings?

 Do you meet your friends at the weekend?

 Do you go shopping or play sport?

 When do you do your homework?

 Is your weekend busy or relaxing? Why?

**EXAMPLE CONVERSATION**

**A:** What do you do on Saturday mornings?

**B:** I usually play football. And you?

**A:** I sleep late! Then I meet my friends. Do you meet your friends too?

**B:** Yes, on Sunday. We watch a film together.

**A:** Cool! My weekend is busy, but yours is relaxing.

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**WRITING**

### My typical weekend

**Write about your weekend (50–70 words)**

Write about what you usually do at the weekend. Use the Present Simple and weekend time words. Remember to:

- write about both Saturday AND Sunday
- use at least 4 Present Simple verbs (e.g. *I play, I watch*)
- use at least 2 time words (*on Saturday, at the weekend, usually*)
- say if your weekend is busy or relaxing

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**Check your understanding**

Tick (✓) the correct answer for each question.

**1. Complete: On Saturdays my brother \_\_\_ football.**

- A play
- B plays
- C playing
- D is play

**2. Choose the correct NEGATIVE:**

- A I no work at the weekend.
- B I don't work at the weekend.
- C I doesn't work at the weekend.
- D I not work at the weekend.

**3. Complete: \_\_\_ you go shopping on Saturdays?**

- A Do
- B Does
- C Are
- D Is

**4. Which preposition is correct: I relax \_\_\_ the weekend.**

- A on
- B in
- C at
- D to

**5. Which preposition is correct: I play tennis \_\_\_ Saturday.**

- A at
- B on
- C in
- D to

**6. Complete: She \_\_\_ sleep late on school days.**

- A don't
- B doesn't
- C not
- D isn't

**7. What does 'relax' mean?**

- A to work hard
- B to rest and do nothing stressful
- C to go to school
- D to run fast

**8. Choose the correct sentence:**

- A My mum visit her friends.
- B My mum visits her friends.
- C My mum visiting friends.
- D My mum do visit friends.



## Answer Key

### Part 6 — Fill in the blanks

1. play 2. visits 3. watch 4. don't  
5. doesn't 6. Do 7. on 8. at

### Part 9 — Quiz

1. B — plays (brother = he, add -s)
2. B — I don't work (I + don't + base verb)
3. A — Do ('Do' for you/we/they questions)
4. C — at (at the weekend)
5. B — on (on + day: on Saturday)
6. B — doesn't (she + doesn't + base verb)
7. B — to rest and do nothing stressful
8. B — My mum visits her friends (mum = she, add -s)