



Name: _____ Date: _____ Score: _____

A1 TEENS · VOCABULARY · LESSON 9

Days of the Week *What day is it today?*

Monday, Tuesday, Wednesday... There are **seven days** in a week! In this lesson you'll learn to say all seven days, ask and answer "**What day is it today?**", use **on** before a day, and talk about **yesterday**, **today** and **tomorrow**.



45 minutes



CEFR A1



The Week



What Day Is It?

Think before you start**Think about your week...**

You don't need to write anything. Just think, or tell a partner.

1. What day is it today? Can you say it in English?
2. Which days do you go to school?
3. What is your favourite day of the week? Why?
4. What do you do at the weekend?

The seven days, step by step

The seven days of the week

A week has **seven days**. In English, we always write each day with a **BIG first letter** (a capital letter). The week starts on Monday and the **weekend** (Saturday + Sunday) is in pink.

1	2	3	4	5	6	7
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>	<i>Sun</i>

⚠ Careful with the spelling! **Wednesday** has a silent "d", and **Tuesday** / **Thursday** are easy to mix up.

? Asking and answering: "What day is it?"

To ask about the day, we say "What day is it today?" The answer starts with "It's..."

What day is it today?



It's + day



It's Monday.

ASK

What day is it today?

ANSWER

It's **Wednesday**.

ASK

What day is it tomorrow? — It's **Thursday**.

Saying WHEN: on + day

When we say something happens on a day, we use the little word **on** before the day.

action + on + day = I have English on Monday.

DAY We play football **on** Saturday.

DAY I don't go to school **on** Sunday.

ASK What do you do **on** Friday?

DAYS	WHAT WE SAY
School days Mon–Fri	These are the weekdays .
Saturday + Sunday	This is the weekend .
One day	I have a test on Tuesday .
Every week	We have music on Fridays . (<i>with -s = every Friday</i>)

Yesterday, today, tomorrow

These three words help us talk about days near today.

the day before



yesterday

It was Monday.

this day



today

It's Tuesday.

the day after



tomorrow

It's Wednesday.



Useful day words

today

tomorrow

yesterday

weekday

weekend

on Monday

every day

next week

Days & week words

WORD	MEANING	EXAMPLE
Monday <i>noun (day)</i>	the first day of the week; school starts again	<i>I have maths on Monday.</i>
Wednesday <i>noun (day)</i>	the day in the middle of the week (silent "d"!)	<i>It's Wednesday today.</i>
Friday <i>noun (day)</i>	the last school day before the weekend	<i>We watch a film on Friday.</i>
Saturday <i>noun (day)</i>	the first day of the weekend	<i>I play football on Saturday.</i>
Sunday <i>noun (day)</i>	the second weekend day; we rest at home	<i>On Sunday we visit my grandma.</i>
week <i>noun</i>	a period of seven days	<i>There are seven days in a week.</i>
weekend <i>noun</i>	Saturday and Sunday, when there is no school	<i>What do you do at the weekend?</i>
today <i>adverb / noun</i>	this day; now	<i>What day is it today?</i>
tomorrow <i>adverb / noun</i>	the day after today	<i>We have a test tomorrow.</i>
yesterday <i>adverb / noun</i>	the day before today	<i>Yesterday was Sunday.</i>

A DAY IN THE LIFE · ISSUE 9

Ben's Week: *seven days, seven plans*

A different activity for every day of the week

Ben is twelve. He lives in Leeds and he has a very busy week. He does something different every day. Let's follow his week from Monday to Sunday!

School days

Ben goes to school from **Monday** to **Friday**. These are the weekdays. On **Monday** he has maths and English. On **Tuesday** he plays basketball after school. **Wednesday** is his favourite weekday because he has art — he loves drawing! On **Thursday** he goes to the library, and on **Friday** he watches a film with his family. "Friday is a happy day," says Ben, "because tomorrow there is no school!"

The weekend

The weekend is Ben's favourite time. On **Saturday** morning he plays football with his team. In the afternoon he visits his friend Sam. On **Sunday** the family is quiet. They have a big lunch and Ben does his homework for the next week.

So what day is it today? Yesterday was **Saturday**, so today is **Sunday**. And tomorrow is **Monday** — back to school! "I like every day of the week," says Ben. "But I always want the weekend to be longer!"

Review & remember

week

01

noun

A period of seven days, from Monday to Sunday.

"There are seven days in a week."

weekday

02

noun

A day from Monday to Friday (a school day).

"Wednesday is a weekday."

weekend

03

noun

Saturday and Sunday, when there is no school.

"I relax at the weekend."

today

04

adverb / noun

This day; now.

"It's Friday today."

tomorrow

05

adverb / noun

The day after today.

"Tomorrow is Saturday."

yesterday

06

adverb / noun

The day before today.

"Yesterday was Thursday."

Fill in the blanks

17 Complete each sentence about the days of the week. Write the missing word. Watch the spelling and the capital letters!

- 1 There are seven days in a _____ . (7 days)
- 2 The day after Monday is _____ . (after Monday)
- 3 The day before Friday is _____ . (before Friday)
- 4 Saturday and Sunday are the _____ . (Sat + Sun)
- 5 I have English _____ Monday. (before a day)
- 6 What _____ is it today? (the question word)
- 7 If today is Sunday, _____ is Monday. (day after)
- 8 The day with a silent "d" is _____ . (Wed_esday)

Talk about your week

Ask your partner about the days

Work with a partner. Ask and answer about your week. Use the days of the week and the word **on!**



What day is it today? And tomorrow?



What days do you go to school?



What is your favourite day? Why?



What do you do on Saturday?



What day was it yesterday?

EXAMPLE CONVERSATION

A: What day is it today?

B: It's Thursday. What's your favourite day?

A: Saturday! I play football on Saturday. And you?

B: I like Friday because tomorrow is the weekend!

A: Me too. No school on Saturday and Sunday!

Write about your week (50–70 words)

Write about what you do on different days. Use the days of the week and the word *on*. Try to include these things:

- name at least 5 days of the week (with capital letters!)
- use the word *on* before a day at least twice
- write about a weekday AND the weekend
- say what your favourite day is

Check your understanding

 Read each question and tick (✓) the correct box.

1. How many days are there in a week?

A five

B six

C seven

D ten

2. Which day comes after Tuesday?

A Monday

B Wednesday

C Thursday

D Friday

3. Which two days are the weekend?

A Friday and Saturday

B Saturday and Sunday

C Sunday and Monday

D Monday and Tuesday

4. Complete: I have music ___ Friday.

A in

B at

C on

D to

5. If today is Wednesday, what day is tomorrow?

A Tuesday

B Thursday

C Friday

D Monday

6. Which word is spelled CORRECTLY?

A Wensday

B Wednsday

C Wednesday

D Wednesdey

7. If today is Monday, what day was yesterday?

A Sunday

B Tuesday

C Saturday

D Friday

8. How do we ASK about the day?

A How day is it?

B What day is it?

C When day is it?

D Which day it is?

Lesson 9 — Days of the Week

Fleydo English School · A1 Teens · The Days & What Day Is It?

Answer Key

For teachers · Fleydo English School · Lesson 9 — Days of the Week



Part 6 — Fill in the Blanks

1. week

2. Tuesday

3. Thursday

4. weekend

5. on

6. day

7. tomorrow

8. Wednesday



Part 9 — Comprehension Quiz

1. **C)** seven

A week has seven days, from Monday to Sunday.

2. **B)** Wednesday

The order is Monday, Tuesday, Wednesday... So after Tuesday comes Wednesday.

3. **B)** Saturday and Sunday

The weekend is Saturday and Sunday — the days with no school.

4. **C)** on

We use 'on' before a day: on Friday, on Monday.

5. **B)** Thursday

Tomorrow is the day after today. After Wednesday comes Thursday.

6. **C)** Wednesday

The correct spelling is 'Wednesday' — with a silent 'd' in the middle.

7. A) Sunday

Yesterday is the day before today. The day before Monday is Sunday.

8. B) What day is it?

We ask: 'What day is it today?' The answer is 'It's...'