

FLEYDO ENGLISH SCHOOL

A1 Level | Teens (11-16) | Reading

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# Why Is Everyone Angry?

Everyone seems angry — but the real reasons  
are not what you think.

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## Chapter 1 — A Bad Morning

*Everything starts to go wrong for Elif before school*

Elif is thirteen years old. She lives with her parents and her younger brother Deniz in a small house near Riverside School. Elif is usually **cheerful**, but today is different. Today, everyone around her seems **angry**.

It starts in the morning. Elif walks into the **kitchen**. Her mum stands at the **counter**. She does not say good morning. Her face is **serious**.

"Good morning, Mum," Elif says.

Her mum does not look up. "Your breakfast is on the table," she says in a **flat** voice.

Elif sits down. **Usually**, her mum talks to her about the day. Today, nothing.

"Is Mum angry at me?" Elif thinks. "What do I do wrong?"

Then her dad walks in. He looks at his phone and **frowns**.

"Dad, are you okay?" Elif asks.

"I am fine," her dad says. But he does not **smile**. He takes his coffee and leaves the room.

"Everyone is angry," Elif thinks. "And I do not know why."

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## Chapter 2 — School Is No Better

*Elif's friends act strange too*

Elif walks to school with Deniz. He is usually very **talkative**, but this morning he is quiet. He walks fast and does not look at Elif.

"Deniz, are you okay?" Elif asks.

"I am fine," Deniz says. He walks faster.

"He is angry at me too," Elif thinks. Her **stomach** feels **tight**. She does not like it when people are upset.

At school, her best friend Mia sits at their desk, but she does not say hello. Her face is **blank**.

"Hi, Mia!" Elif says with a big smile.

Mia looks up. "Oh, Hi," she says. Then she looks down again.

"Are you angry at me?" Elif asks.

Mia looks **confused**. "What? No. Why do you think that?"

"You do not say hello. You look... **cold**."

Mia **sighs**. "I am not angry, Elif. I am just tired. My little sister cries all night because she is sick."

"I am sorry. I think you are angry at me."

"No," Mia says with a small smile. "I am just **exhausted**."

In Maths class, Mr Kemal is very **strict** today. He does not make jokes. He speaks in a loud, serious voice.

"Open your books to page forty-five. Do exercises one to ten. In **silence**," he says.

The class is **surprised**. Usually Mr Kemal is fun.

At **break time**, Elif sits alone on a bench in the **playground**. She makes a list in her notebook: five people who seem angry today.

"They cannot **all** be angry at me," Elif thinks. "Something else is happening."

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## Chapter 3 — The Real Reasons

*Elif discovers the truth one person at a time*

After school, Elif **decides** to talk to each person. She starts with Deniz.

"Deniz, please tell me. Are you angry at me?"

Deniz stops walking. His eyes are red. "I am not angry at you. I am **scared**. My friend Ali says he is moving to another city. He is my best friend."

Elif hugs him. "Everyone cries," she says. "It is **normal**." Deniz cries a little. Then he feels better.

At home, her mum sits at the table with papers. Her eyes are **tired**.

"I am not angry at you, Elif. I get a letter from the bank. There is a **problem** with our money. I am **worried**. I cannot stop thinking about it."

"Can I help?" Elif asks.

Her mum smiles. "Just knowing you **care** makes me feel better."

Then Elif talks to her dad. "I am not angry," he says. "I am **disappointed**. My old friend from university is very sick."

"I am sorry, Dad," Elif says. Her dad hugs her.

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## Chapter 4 — Mr Kemal's Story

*The strict teacher has a soft side*

The next day, Elif **knocks** on Mr Kemal's door before class.

"Mr Kemal, can I ask you something?" she says **politely**.

"Of course, Elif."

"Yesterday you are very strict. The class thinks you are angry at us."

Mr Kemal takes off his glasses and **rubs** his eyes. "I am not angry. I am **stressed**. My mother is in the **hospital**. She has an **operation** today. When I am stressed, I become strict. I am sorry."

"I hope she gets better," Elif says.

Mr Kemal gives a small, **real** smile. "Thank you, Elif."

In class that day, everything feels **lighter**. Mr Kemal makes a joke. At lunch, he finds Elif.

"My mother's operation goes well. She is okay. And Elif — thank you for asking. You are very **thoughtful**."

Elif smiles. She feels **wonderful** inside.

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## Chapter 5 — The Feelings Project

*Elif turns her experience into something that helps everyone*

In English class, Mrs Park asks the students to do a **project** about **emotions**.

Elif knows **exactly** what to do. She makes a poster called "Why Is Everyone Angry?"

On the poster, she writes five **stories**:

My mum looks angry — but she is worried about money. My dad looks angry — but he is sad about a sick friend. My brother looks angry — but he is scared of losing his best friend. My friend looks angry — but she is exhausted. My teacher looks angry — but he is stressed about his mother.

At the bottom: "When someone looks angry, **ask** them how they feel. The real **reason** is often different."

Mrs Park reads the poster. "This is **brilliant**, Elif."

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## Chapter 6 — Understanding

*The most important lesson is not from a book*

Two weeks later, Elif's poster is on the wall. Students write **messages** on coloured papers around it.

One says: "My dad shouts but I think he is **overwhelmed** at work." Another: "I look angry sometimes but I am just **hungry**!" The last one makes everyone laugh.

Mrs Park tells Elif: "Your poster changes how people think. Students **judge** less and ask more."

"When someone looks angry, they usually feel something else," Elif says. "**Sadness, fear, stress**, or being tired. If you ask, you can help. And if you cannot help, at least you **understand**."

"That is the most important lesson," Mrs Park says. "And you do not find it in any textbook."

*"Behind every angry face, there is a story you do not know yet." — Elif's poster*

## Vocabulary List

57 key words from the story

<b>Cheerful</b> — Happy and positive	<b>Angry</b> — Strong unhappiness towards someone
<b>Kitchen</b> — Room where you cook food	<b>Counter</b> — Surface where you prepare food
<b>Serious</b> — Not smiling; important	<b>Flat</b> — Without emotion
<b>Usually</b> — Most of the time	<b>Frowns</b> — Makes an unhappy face
<b>Smile</b> — Happy face with your mouth	<b>Talkative</b> — Talks a lot
<b>Stomach</b> — Where food goes when you eat	<b>Tight</b> — Uncomfortable; pressing
<b>Blank</b> — No expression	<b>Confused</b> — Not understanding
<b>Cold</b> — Unfriendly	<b>Sighs</b> — Breathes out slowly, sadly
<b>Exhausted</b> — Extremely tired	<b>Strict</b> — Many rules; not relaxed
<b>Silence</b> — No sound	<b>Surprised</b> — Shocked; not expected
<b>Break time</b> — Rest time between lessons	<b>Playground</b> — Outdoor area for children
<b>All</b> — Every one	<b>Decides</b> — Chooses after thinking
<b>Scared</b> — Afraid; frightened	<b>Shakes</b> — Moves from strong feelings
<b>Normal</b> — Usual; what most people do	<b>Tired</b> — Needing sleep
<b>Problem</b> — Something difficult to fix	<b>Worried</b> — Nervous about something bad
<b>Care</b> — Feel something is important	<b>Disappointed</b> — Sad; not as good as hoped
<b>Knocks</b> — Hits a door gently	<b>Politely</b> — Kind and respectful way
<b>Rubs</b> — Moves hand back and forth	<b>Stressed</b> — Very worried; can't relax
<b>Hospital</b> — Where sick people get better	<b>Operation</b> — Doctor fixes something inside
<b>Real</b> — True; not fake	<b>Lighter</b> — Less heavy; more relaxed
<b>Wonderful</b> — Very good; makes you happy	<b>Thoughtful</b> — Thinks about others' feelings
<b>Project</b> — Work needing time and planning	<b>Emotions</b> — Strong feelings
<b>Exactly</b> — Completely correct	<b>Stories</b> — Descriptions of events
<b>Ask</b> — Say a question	<b>Reason</b> — Why something happens
<b>Brilliant</b> — Extremely impressive	<b>Messages</b> — Words or notes for others
<b>Overwhelmed</b> — Too many things to deal with	<b>Hungry</b> — Wanting food
<b>Judge</b> — Decide without knowing facts	<b>Sadness</b> — Feeling of being unhappy
<b>Fear</b> — Feeling of being afraid	<b>Stress</b> — Too much pressure
<b>Understand</b> — Know the reason behind something	

## Grammar Points

Key grammar structures from the story

### Present simple for daily actions

*Elif walks to school. / She lives with her parents.*

### Adjectives for emotions

*angry, worried, scared, tired, stressed, disappointed, exhausted, cheerful*

### Because for giving reasons

*He is sad because his friend is sick. / She is tired because her sister cries all night.*

### Questions with 'are you'

*Are you okay? / Are you angry at me?*

### Look + adjective

*She looks serious. / He looks tired. / Everyone looks angry.*

## Vocabulary Matching

Draw a line from each word to its correct definition

1. Cheerful	_____	a) Happy and positive
2. Angry	_____	b) Strong unhappiness towards someone
3. Exhausted	_____	c) Extremely tired; no energy
4. Strict	_____	d) Many rules; not relaxed
5. Scared	_____	e) Feeling afraid
6. Worried	_____	f) Nervous about something bad
7. Disappointed	_____	g) Sad because not as good as hoped
8. Stressed	_____	h) Very worried; can't relax
9. Thoughtful	_____	i) Thinks about others' feelings
10. Brilliant	_____	j) Extremely impressive
11. Overwhelmed	_____	k) Too many things to deal with
12. Understand	_____	l) Know the reason behind something

## Fill in the Blanks

Choose the correct word from the word bank

**Word Bank:** cheerful | frowns | exhausted | strict | scared | worried | disappointed | stressed | brilliant | understand

1. Elif is usually \_\_\_\_\_ but today everyone seems upset.
2. Her dad looks at his phone and \_\_\_\_\_.
3. Mia is not angry — she is just \_\_\_\_\_ because she does not sleep.
4. Mr Kemal is very \_\_\_\_\_ in class and does not make any jokes.
5. Deniz is not angry at Elif — he is \_\_\_\_\_ because his friend is leaving.
6. Elif's mum is \_\_\_\_\_ about a letter from the bank.
7. Elif's dad is \_\_\_\_\_ because his old friend is very sick.
8. Mr Kemal is \_\_\_\_\_ because his mother is in the hospital.
9. Mrs Park says Elif's poster is \_\_\_\_\_.
10. The most important thing is to \_\_\_\_\_ how other people feel.

## Comprehension Quiz

Choose the best answer (circle A, B, C, or D)

### 1. How does Elif usually feel?

- A) Angry
- B) Cheerful
- C) Tired
- D) Scared

### 2. What does Elif's mum do in the morning?

- A) She shouts at Elif
- B) She does not talk and looks serious
- C) She cries
- D) She leaves the house

### 3. Why is Mia not friendly at school?

- A) She is angry at Elif
- B) She does not like school
- C) She is exhausted because her sister cries all night
- D) She forgets Elif's name

### 4. Why is Mr Kemal strict in class?

- A) The students are bad
- B) He does not like teaching
- C) His mother is in hospital and he is stressed
- D) He is always strict

### 5. Why is Deniz upset?

- A) Elif is mean to him
- B) He fails a test
- C) His best friend is moving to another city

D) He loses his phone

**6. What is Elif's mum worried about?**

- A) Elif's school grades
- B) A problem with money from a bank letter
- C) Deniz's behaviour
- D) The weather

**7. Why is Elif's dad sad?**

- A) He loses his job
- B) His car breaks down
- C) His old friend from university is very sick
- D) He does not like his coffee

**8. What does Elif make for her English class project?**

- A) A song
- B) A poster called 'Why Is Everyone Angry?'
- C) A video
- D) A poem

**9. What do other students add to Elif's poster?**

- A) Drawings
- B) Their own messages on coloured papers
- C) Jokes
- D) Nothing

**10. What is the main message of the story?**

- A) Teachers should not be strict
- B) Everyone is always angry
- C) When someone looks angry, the real feeling is often different
- D) Do not talk to angry people

### Answer Key

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**Vocabulary Matching:** 1-a | 2-b | 3-c | 4-d | 5-e | 6-f | 7-g | 8-h | 9-i | 10-j | 11-k | 12-l

**Fill in the Blanks:** 1. cheerful | 2. frowns | 3. exhausted | 4. strict | 5. scared | 6. worried | 7. disappointed | 8. stressed | 9. brilliant | 10. understand

**Comprehension Quiz:** 1. B | 2. B | 3. C | 4. C | 5. C | 6. B | 7. C | 8. B | 9. B | 10. C

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